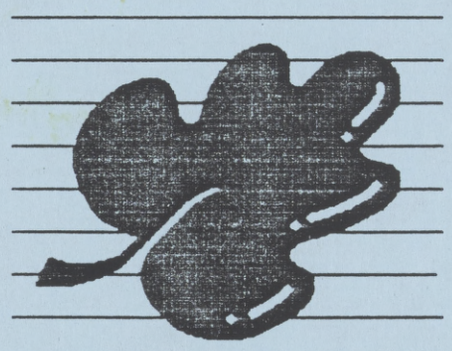
CAPITAL CITY SQUARES

MEMBER CLUB OF THE
I. A. G. S. D. C.

SEPTEMBER, 1988 P.O. BOX 19986, SACRAMENTO, CA 95819



AUTUMN

Where did the time go?? I do remember working on the July newsletter, then I moved, and everything that could happen did. Sorry about missing the month of August, but it went by so fast! I will try to maintain a regular schedule again, now that I am a little more settled down.

Exhibitions

August was the month that was noted for lots of special dance sessions. There were groups dancing at special group functions (I.E. Pillars) as well as several of the local bars (Faces-Dance nites). From what I hear (of all the months to miss!) there were lots of participants, and some good times to be proud of. The heat seems to be the major undoing of the dancers. Maybe we can find a truly air conditioned dance hall, sometime in the future, for club activities. That's been an ongoing activity of the Club for years.

I understand that there were some pretty embarrassing boo boos made, during several of the sessions. Could it be that we need more practice??? Many of the guilty ones are old (dance years) seasoned veterans. Maybe we do need more practice, both for the exhibition and for regular dance nights! (Some say it's just stage fright...) Oh well, let's put that behind us, and work on the new classes coming up..

NEW CLASSES HAVE BEGUN

Well, the first Class night has come and gone. We had close to twenty new dancers attend, with still others to be attending in the next two weeks. It looks like another fun crowd. We'd like to see more of the club members, however. Where are you? Come join us for the new Plus Class...C'mon Let's Dance!

LOST FACES

Where are those many faces we all love to see? I know it's been a long hot summer, but now it's coming to an end, and we want to see our club members again. We are now dancing at William Land School (12th and V Streets) at 8:30pm, and we are brushing up on Mainstream, at the present. We will begin Plus as soon as we all remember which hand is right, and which foot is left. That may be several months away, but with perseverance, we will begin Plus real soon.

If you can make it, and are interested, come out at 7pm and help out the new dancers by being "ANGELS". It can be a good refresher, while helping the caller during the beginning class. You'll meet some new people, and have fun, while picking up some good practice.

ISN'T DANCING WONDERFUL!

by Cindy Sullivan

August 3rd Board Meeting Highlights:

Those in attendance were Don, George, Mary Ann, Kris and Cindy.

The previous meeting's minutes were read and approved.

The Treasurer's report: There's $605.57 in the bank.

Old Business:

Polo shirts are on order and cost to members is $15 per shirt. This is still an open offer, and will probably remain as such, until all of the shirts are sold. Sizes available are Small, Medium, Large and Extra Large. Contact Mary Ann to order one. We need a list of club members who would be willing to have an overnight guest or two on the weekend of Oct. 1st. Contact Don if you can help.

Club by-laws are being re-typed so that they may be given to the members.

New Business:

We're trying to organize a weekend dance for December 17/18th (with Larry Ward calling on Sunday afternoon).

Dues will be collected again in September.

Cindy will pick up 25 Basic/Mainstream handbooks for the new class.

The next board meeting will be September 7th, at 7:30 pm at Don's house.

September 7th Board Meeting Highlights:

Attending were Don, Rich, George, Mary Ann, Audrey, Karl and Cindy.

The previous meeting's minutes were read and approved.

The Treasurer's report: There's approx. $643.00 in the bank.

The subject was brought up that members receive a badge, a club shirt, and a monthly newsletter in return for their monthly dues; Not to mention the good times and new friends that we all have. Obviously the square dancing skill is a given. It's good to remind ourselves of the club benefits we all get.

It was voted and agreed upon to change the CCS Board meeting to the first Thursday of each month, starting next month, in October.

Remember, everyone is invited to attend the monthly meetings. There are some interesting topics brought up from time to time, and it's good to participate in some of the club's decisions and actions.

It was pointed out that we have a letter to write up, to a certain club, regarding their requested attendance at our next Hoedown (Oct 1), in order to retrieve a certain article of club regalia from us. This should be quite a Hoedown, but how are going to lock up our own banner?

Speaking of the Hoedown, the club will be charging 50 cents for soda, and there will be a $5 door charge (for caller, etc). The club will be asked for volunteers to bring finger food.

We decided to decorate only the food table and the stage, rather than to string crepe paper all over the hall. Of course we will have to tie the banner to the rafters!

Mary Ann will be selling the club polo shirts, until we sell them all. There are all sizes: S - M - L - XL, and they are only $15 each.

We discussed a possible Hoedown on the 19th or 20th of November. More details to come, as we find a hall, caller, etc.

Announcing:

TIPS FROM BEHIND THE MIKE!

by Kris Corbridge

Last month, I finished my article with a question. I hope you all had fun with it, maybe even did some research.

We usually think of a flutter- wheel involving the "pets" going in with a right hand, and a reverse flutterwheel as being the "leads" going in and turning with the left. However, this definition only works from normal couples. I'm sure you're not surprised to find out that the actual definition is:
FLUTTERWHEEL: The right hand dancers step in, join right hands and turn by the right, picking up the opposite left hand dancer and takes them home.
REVERSE FLUTTERWHEEL: The left hand dancers move forward, join left hands, turn, pick up the opposite right hand dancer, and takes them home.

An easy way to remember is, "right hand dancer with the right," or "left hand dancer with the left." Either call is legally done from half-sashayed or same sex couples.

"Pass the Ocean" is another call that frequently becomes difficult if we are not in normal couples.
By definition:
Everyone passes through, faces in (quarter in), then everyone steps to a right hand wave.

A right hand wave is one where the two mini-waves on the ends are with the right hands, and the center mini-wave is with the left. (The opposite is true for a left hand wave.)
To form a right hand wave, you must step forward and join right hands with the person you are directly facing.

This brings me to the topic of the call, "Swing Thru". Many of us, when we are learning, get used to doing the call from normal, right hand waves. What we end up thinking and doing is:
Ends turn half by the right, then centers turn half.

The acutal definition is:
Turn half by the right, then half by the left.
This is very important if we are in a left hand wave because then, the centers first turn half right, then each end turns half left.
The definition for "Left Swing Thru" is: Half left followed by half right, and like the swing thru, can be done from either right or left handed waves.

This month's food for thought:
Could you define what is meant by "Trade"?
Can you apply the definition to couples, partners, sexes and positions?

'til next time,
Have fun, good dancing!

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Meeting Minutes:
Cindy Sullivan

Tips from the Mike:
Kris Corbridge

THE HELPING HAND

The following article appeared in the El Camino Reel Newsletter, last year, and was originally written by Vicki Woods.

One of the most obvious problems encountered in trying to integrate new members into an experienced group of dancers (or in having experienced dancers "help" in a new class situation), is that of coping with the various levels of experience of the dancers. Those dancers who have had more exposure to the calls being taught can be of help by remembering that a learning situation is made easier if there is no confusion of instructions and a minimum of distractions for the learner. The natural inclination is often for the more knowledgeable dancers to try to help by giving verbal directions to the newcomer or even by attempting to physically steer the learner to the right spot. In the long run, however, it is best for all concerned if dancers refrain from this urge to vocalize directions and let everyone concentrate on instructions from the caller. If personal assistance within a square is deemed appropriate, a simple SILENT gesture toward the right position or direction is the most effective. Such a course of action will usually preserve goodwill within the square and avoid the bruised feelings (and even bruised bodies) that can easily result from more aggressive assistance.

At the same time, the less experienced dancer needs to keep in mind the fact that efforts to help him or her are not intended as any criticism. The thing to rememeber is that everyone wants to succeed, and in square dancing eight people must reach the right position in order for the square to succeed. Less experienced dancers should recognize that the desire to succeed is often strong in experienced dancers. It would be well, then, for the "novice" to be somewhat tolerant of others whose intensity perhaps causes them to be "pushy" or overly helpful.

In conclusion, everyone should remember that a subtle helping hand is the best kind and when extended should be accepted graciously.

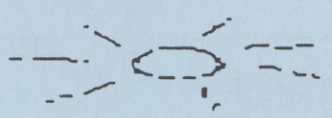
The only addition I could make, is to add that as much as I like doing the many varied "flourishes", while dancing, I know from experience that this can confuse and distract new beginners. Let´s remember to keep the flourishes with those who can handle them, and dance with the beginners as they do - simply to learn. Thank you, again, Vicki.

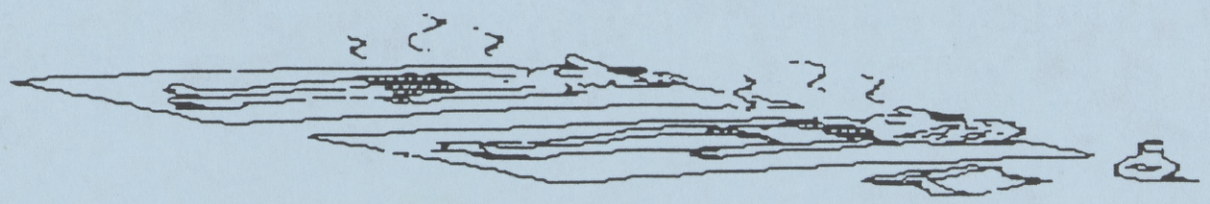
SEPTEMBER, 1988

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4 MSD	5 LABOR DAY	6 CCS CLASSES AT Wm LAND SCH. 7-8:30-10	7 ECR WSD	8	9	10
11 MSD	12 PRIME 8's DANCE NIGHT at JOSEPH's	13 CCS CLASSES AT Wm LAND SCH. 7-8:30-10	14 ECR WSD	15	16	17
18 MSD	19 PRIME 8's DANCE NIGHT at JOSEPH's	20 CCS CLASSES AT Wm LAND SCH. 7-8:30-10	21 ECR WSD	22	23	24
25 MSD South of Market St. Fair	26 PRIME 8's DANCE NIGHT at JOSEPH's	27 CCS CLASSES AT Wm LAND SCH. 7-8:30-10	28 ECR WSD	29	30 Albuquerque Baloon Fiesta Thru 10/2	

MSD - Midnight Squares Dancers
ECR - El Camino Reeler Dancers
WSD - Western Star Dancers
FCD - Foggy City Dancers
CCS - Capital City Squares

Don't forget the October First Hoedown
at Clunie Community Center
601 Alhambra Blvd., Sacramento
Admission is $5 7 - 10 pm
For more Info, Call 916 344-6739





OCTOBER, 1988

SUN	MON	TUE	WED	THU	FRI	SAT
1 CCS HOEDOWN @ CLUNIE NATE BLISS $5 7-10PM	2 PRIME 8'z DANCE NIGHT @ JOSEPH'z	3 CCS DANCE NIGHT @ Wm LAND 7-8:30-10	4 ECR WSD	5	6	7
8 March on Wash. D.C. MSD	9 PRIME 8'z DANCE NIGHT @ JOSEPH'z	10 CCS DANCE NIGHT @ Wm LAND 7-8:30-10	11 ECR WSD	12	13 Foggy City Anniversary Mike Green	14
15 MSD El Camino Reelers Eric Henerlau	16 PRIME 8'z DANCE NIGHT @ JOSEPH'z	17 CCS DANCE NIGHT @ Wm LAND 7-8:30-10	18 ECR WSD	19	20	21 Reno Gay Rodeo Thru 10/23
22 MSD	23 PRIME 8'z DANCE NIGHT @ JOSEPH'z	24 CCS DANCE NIGHT @ Wm LAND 7-8:30-10	25 ECR WSD	26	27	28
29 MSD	30 PRIME 8'z DANCE NIGHT @ JOSEPH'z	31 CCS DANCE NIGHT @ Wm LAND 7-8:30-10				

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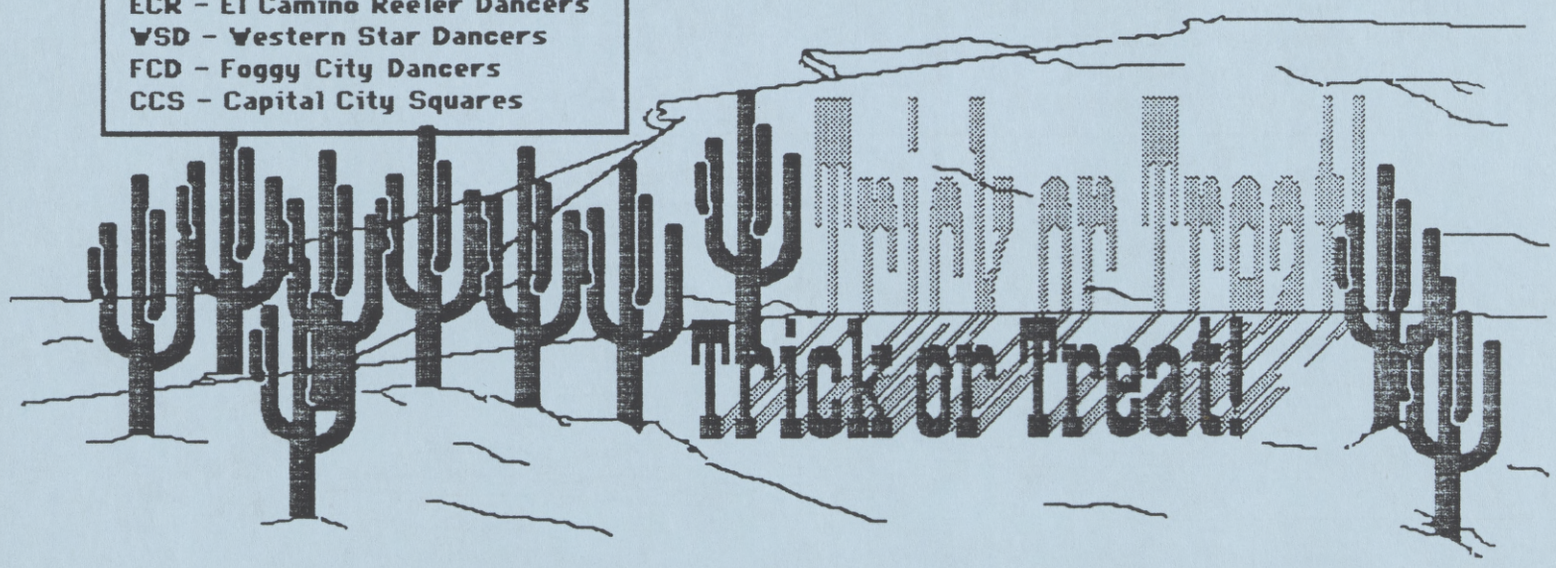

BRAIN TEASERS

Can you figure these out?